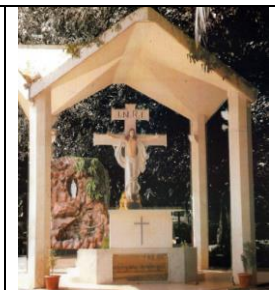


# PARISH BULLETIN OF OUR LADY OF DOLOURS CHURCH, SONAPUR, MUMBAI



Parents & Grandparents Day Issue

Free Copy – For Private Circulation Only

July 2022

WISHING YOU ALL A HAPPY PARENTS & GRANDPARENTS DAY  
*The Parish Pastoral Council, Fr. Tony, Fr Lester & Fr Deepak.*

IN OUR FAMILIES GOD  
CALLS US TO GIVE  
EACH OTHER

- UNCONDITIONAL BELONGINGNESS
- UNCONDITIONAL UNDERSTANDING
- UNCONDITIONAL FORGIVING LOVE



AMCHE FAMILIN  
DEV AMKAM HEM  
DIUNK APOITA

- PURNN VANGDIPONN
- PURNN SOMZONNI
- PURNN BOGSONNEM ANI MOG

*Fr Anthony D'Souza,*

## WELCOME TO OUR PARISH



**BRO DERRICK**  
FROM GOREGAON  
SEMINARY FOR YOUTH  
MINISTRY



**FR. DEEPAK  
TOPPO**  
STUDYING MSW AT  
NIRMALA NIKETAN



**BRO LANSON**  
FROM GOREGAON  
SEMINARY FOR PRE  
DIACONATE MINISTRY

## COMMISSIONING LAY LEADERS ON 26<sup>TH</sup> JUNE 2022



## COMMISSIONING CATECHISTS ON 3<sup>RD</sup> JULY 2022



### REPORT OF LEGION OF MARY ASSOCIATION:

The following are the activities undertaken by the members of the Legion of Mary:

- 1) One of our legionary recited the Rosary in church in English during the entire month of May 2022. The Divine Mercy Chaplet was also recited by one of the members during the Divine Mercy Novenas and Feast Day. Our member who is a senior citizens also attends the Online Mass and Holy Hour Adoration and intercede and pray for the several prayer requests appearing in the WhatsApp Prayer Group. We also lift up the Sick and those suffering from Covid19 in ICUs/hospitals/homes. We pray for families coping with the Covid19 crisis and for their deceased members. Our Legionaries also enquire about the health of one another and also of sick Parishioners on mobile.
- 2) One member is a Eucharistic member and helps in administering Holy Communion either in the morning / evening and also during the lockdown period when churches were closed.
- 3) One of our members visits the old, the lonely, sick and home-bound thus giving them a listening ear, support and encouragement to face the challenges of life in their dark and stressful moments. Also paid a visit to one of our legionary who is sick and feeling depressed owing to stress. Also visited a few sick Parishioners and helped one of them to get admission in hospital, etc., medicines and also helped at the time of discharge. Also volunteered to take two sick catholic persons to the family doctor for follow up and to purchase medicines, fruits, etc. We pray that the Sick may experience the healing touch of our Lord and Saviour and may their lives be blessed.
- 4) A legionary and a parishioner paid condolence visits in the houses of bereaved families, recited the Rosary and Divine Mercy chaplet and also attended the Funeral Prayer service outside the church of some of our departed parishioners. In some cases, attended Mass in church and also attended the funeral rites at the Cemetery.
- 5) A legionary helped in distributing food grain packets during the pandemic, financed/donated by the church to the Poor of our parish as and when the need arises.
- 6) A legionary regularly attends the Curia meetings held every month and all its activities.

*By Lucy D'Souza, President, Legion of Mary*

### ST. ANNE'S COMMUNITY REPORT: APRIL 2022 TO JUNE 2022

Stations of the Cross was organised in our community during the Lenten season, it was attended by the residents young and old. Children from the community held placards of each station which made the prayers come alive and active. Our community Easter Blessing Mass was well attended by all the residents. The animators distributed the Holy Water Bottles and the Heads of families were informed to bless their individual homes. In the month of June, 2 buildings from our community celebrated the Feast of the Sacred Heart of Jesus and Our Lady of Perpetual Succour. We congratulate our community member Alannah Fernandes, for completing her Doctoral Studies in the field of Human Development, we wish her all the best in her future endeavours.

*By Gracy Fernandes, SCC Coordinator*

### A VISIT TO NIRMALA NIKETAN



An impromptu decision by the undersigned and Mylene on July 5<sup>th</sup>, 2022 was a wonderful cherished experience when we met with our dear senior DHM Sisters of our Community at Nirmala Niketan. Sister Verna, Hazel, Prescy, Aurolina, Sira and Sr Betty too. They welcomed us with great warmth on a wet rainy day and we bonded over a cup of coffee, biscuits and chakli. Happy memories of days gone by were re-lived. We connected as we chatted and laughed away. As we left the premises, both of us expressed how happier we felt. May God bless our dear Sisters with good health always

*By Renee Carvalho*

### ST. THOMAS COMMUNITY CELEBRATED FEAST OF ST. THOMAS ON JULY 3<sup>RD</sup>, 2022





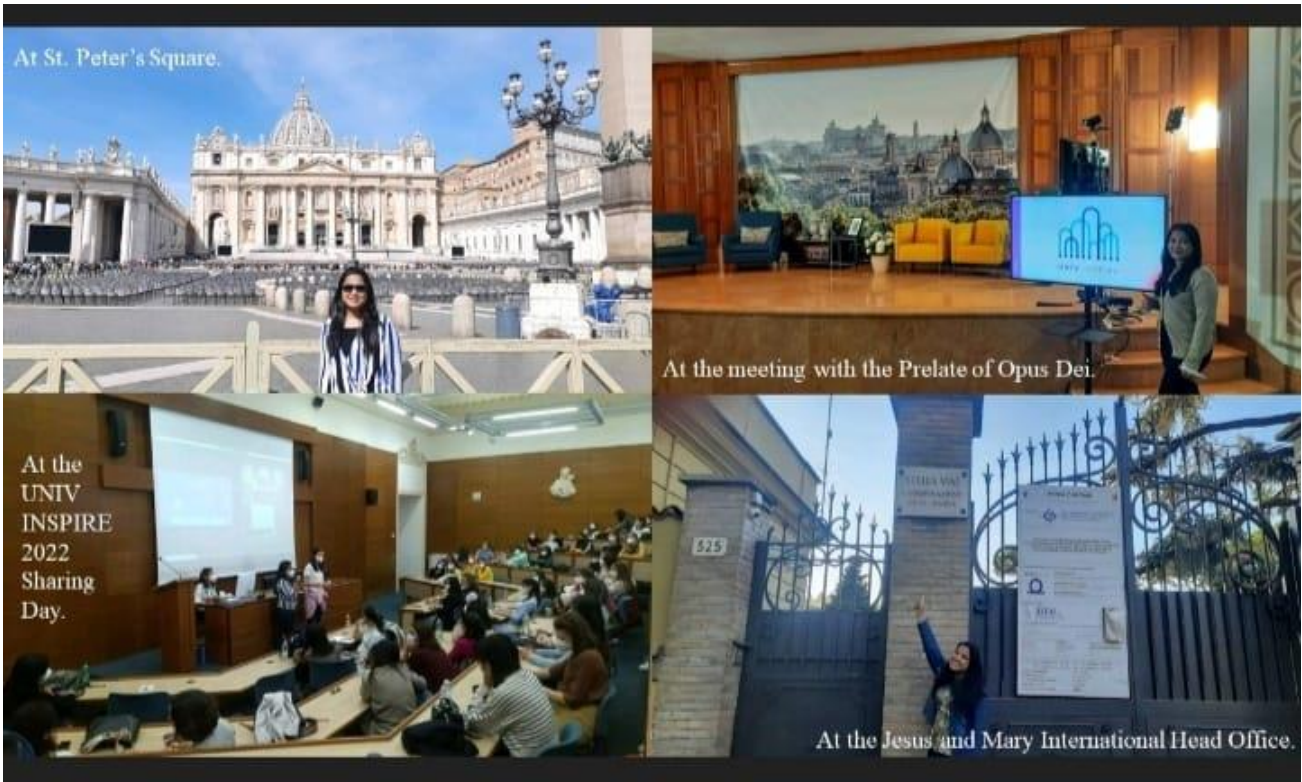
Happy Feast of our dear St. Thomas who brought the faith of Christ to India. As we all know, in 52 AD, St. Thomas arrived in Mylapore District in Kerala and in 72 AD was martyred in Mylapore, Chennai, Tamil Nadu. St. Thomas has a great following in India, especially in South India. July 3, 2022 is the 1950<sup>th</sup> martyrdom anniversary of St. Thomas. Our Community normally celebrates this feast at Nirmala Niketan. However, due to the present situation of Covid 19, we thought it would be wiser to have this celebration on a smaller scale, keeping in mind the safety and health of our community members.

On Sunday, July 3, 2022, a special mass was celebrated by Fr. Lester Vaz in Church, with the angelic children's choir in attendance. The church was full and many of our community members participated. Charlton Pereira from the community did the first reading. Today, also being Faith Formation Sunday, Fr. Tony invited the Catechists in front and blessed all the Catechists present. Our Coordinator, Mylene Sequeira, welcomed the members who gathered in the Lab room next to the Grotto. A welcome/happy feast song was sung by all. This was followed by the scholarships awards to the following two members of our community: Samantha Vaz d/o Leticia and Charles Vaz for securing 64.37% in M.A. with Psychology from Mumbai University. Clyde Pereira son of Avril and Christopher Pereira for securing 9.62GPA out of 10 in BMS from St. Xavier's (Autonomous) College. Clyde has got admission in XLRI, Jamshedpur, in Logistics and Supply Chain Management for one year and will do the second year in Rutgers, New Jersey. We wish Samantha and Clyde all the very best in their careers. After chatting briefly, the members were handed a box of snacks catered by Acme Caterers which was appreciated and relished by all. We pray that our patron, Saint St. Thomas continues to bless all the community members and their families. Thanks to all the community members for making it possible to attend the Holy Eucharist and share in our joy.

Thanks to Fr. Tony Dsouza and Fr. Lester Vaz for their support at all times. The community welcomes Fr. Deepak Toppo to our church. God bless them all. Thanks to the Nirmala Niketan sisters for their loving support at all times. The community takes this opportunity of wishing Sr. Sabeena DHM Superior of Nirmala Niketan all the very best in her new portfolio.

*By EMILY ANDRADE*

### **COUNT YOUR BLESSINGS..... IN HIS TIME!**



“He makes all things beautiful...in His time” - Yes, you have heard this a zillion times and so have I. Being a PhD Scholar from Nirmala Niketan College of Home Science, New Marine Lines, I submitted my thesis to the University of Mumbai in September 2020. Months passed and so did a year while I eagerly awaited my PhD viva voce – online defense (post which one attains their doctorate).

In the meanwhile, around February 2022, my friend Ester informed me about a seminar called UNIV INSPIRE 2022 being held in Rome, Italy for University students from all over the world in the month of April 2022 during the Easter Holy week and that I could attend the seminar on the basis of being a PhD Scholar. I was delighted and at once thanked God for this once in a lifetime opportunity.

My invitation letter from the Organizers of UNIV 2022 in Rome was sent to me forthwith. Followed by which I applied for my visa – another miracle within itself for the short duration within which the visa arrived. A week before the seminar, we were allotted into groups based on English and Spanish speaking students, on the category one chooses and the country of origin. The theme for UNIV this year was “Rebuilding Together: The Strength of Human Relationships”. I chose a topic from the category of humanities and my team consisted of a student from Poland, Singapore, Australia, Malaysia, a mentor from Puerto Rico and myself from India. My team and I worked together via Zoom on a presentation that we shared with the other participants of the seminar when we got to Rome.

We were two students from India, Gabriella Tungdim and myself accompanied by my friend – Ester. On arrival in Rome, my friend informed us that we will be attending our Palm Sunday Service celebrated by the Pope at St. Peter’s Square! I was tremendously grateful for this experience that I am not sure I even dreamt of. God had been gracious right through it all (and certainly continues to be wonderful...). To the extent of us managing to reach St. Peter’s Square well before the service began and get seats rather close to the altar (that the Pope was seated at) – another blessing. Later in the week, we also managed to get tickets and seats very close to the stage for the “audience with the Pope” that is held on Wednesdays and this time the hall resounding with an audience filled with people from all over the world and particularly youth of the UNIV 2022 participants with a special shout out to us by the Pope – another blessing. Post the Eucharistic Celebration on Good Friday, our group visited seven different churches – wherein some say symbolize the number of times Jesus was taken in and out on trial to Pilate while some say it symbolizes the seven sorrows of Our Lady – something I experienced for the first time and found so wonderful to be able to go walking to these seven beautiful churches one after the other.

The Sharing Day of UNIV INSPIRE 2022 on which each one of the groups came up to present their work was another incredible experience altogether – hearing each one’s perspectives and distinct viewpoints, teaching us so much from our chosen subjects and respective topics – strongly bringing to light that it does not matter which country or background you are from – values, morals and true humanity speak the same language, that is, love. The UNIV 2022 was a truly enriching experience within itself – not just the sharing of presentations at the seminar, the sight-seeing around Rome but also meeting students from various parts of the world and learning about their cultures and traditions. Our breakfasts and dinners were in this huge dining area wherein each one had to choose a different table daily and dine with students from different continents leaving us with interactions and friends from many other countries – a sheer blessing! We also had a fun get-together every evening – one striking get-together being with a reporter from Poland who shared some remarkable life lessons with us from her experience of reporting from the Ukraine borders during the time of the war.

Further, being a violinist – one of the highlights of my trip was to be able to visit the home and church of St. Cecelia – the patron saint of musicians. Likewise, I visited the catacombs, the Vatican and Colosseum museums and several churches in Rome. All one better than the other, I would think. Rome is such a beautiful city and it is simply phenomenal to see how one has maintained these richly historical sites over the years.

Each day was absolutely incredible and blessings galore. Everyday unraveled flawlessly and I had so much to take in and learn from. It was such a privilege and honor for me to meet the Prelate of Opus Dei. A gathering so special and inspiring. Hearing the Prelate speak and patiently answer the questions posed by some of the youth was insightful and praise worthy. On the final day, I also managed to make it with my friends to the Jesus and Mary International Head Office (thanks to my friend Ester’s brother – Alfredo Mendiz). An experience that I am undoubtedly very grateful for having done my schooling from an Institute run by the Religious of Jesus and Mary and now being a member of the Association of the Family of Jesus and Mary (AFJM), St. Anne’s Fort Unit, Mumbai. There were plenty of moments during the entire week of this seminar in Rome that has left me with unforgettable memories to say the least!

A month after I got back home, I soon got an intimation from my research guide Dr. Kamini Prakash Rege that my PhD viva voce – online defense will soon be scheduled (something that we were waiting for close to two years!). Now this to me is sheer providence. Why? Because I was able to have this treasured experience in Rome on the basis of being a PhD Scholar. Was this awful delay in my PhD viva voce a blessing in disguise? Subsequently, my PhD viva voce – online defense was scheduled for the 29<sup>th</sup> of June, 2022 which went off successfully by the Grace of God. My PhD thesis was on the Assessment of the Nature and Extent of Recreational Activities for the Elderly residing in Old Age Homes – the specialization being Human Development, close to the field of Psychology. I am grateful to the Management, Principal, my Research guide and participants of my study for being there through these past years and assisting me in attaining my Doctorate – a proud moment for all of us.

As I have always maintained and believed – I can do all things through Christ who strengthens me – and coming this far is certainly credit to unwavering Divine Intervention through this journey. Enormous gratitude to my parents – Angel and Aloysius and my brother Aldrin for their constant encouragement, love, support and timely reassurance. Many thanks to my friends at the Prisca Centre for making UNIV 2022 a dream come true, my friends at the AFJM St. Anne’s Fort Unit for their care and concern, and much appreciation to the Sisters at Nirmala Niketan College of Home Science, New Marine Lines – the college from which I completed my Doctorate. I would also like to thank all my well-wishers for their prayers and good wishes.

*- Dr. Alannah Carol Fernandes*

### **BAPTIZED IN CHRIST**

<b>BAPTISM DATE</b>	<b>NAME</b>	<b>CHILD OF</b>
24 April 2022	Isaac Rebello	William and Deepika Rebello
8 May 2022	Shaniqua Fernandes	Melroy and Senora Fernandes
15 May 2022	Jovita Rego	Vinod and Jolin Rego

### **RESTING IN CHRIST**

<b>BURIAL DATE</b>	<b>NAME</b>	<b>RESIDENCE</b>
9 April 2022	Gleeson Emercio Gama	1 Vaishali Mansion 2 Floor Dadi Santook Lane
18 April 2022	Conceicao Thereza Lobo	24/26 Ground Floor 3 Marine Street
22 April 2022	Martha D’Souza	288, 4 <sup>th</sup> Floor Dr. C. H. Street
25 April 2022	Peter Eufermiano Pereira	29/31 Rangwala Building 2 Floor, 4 <sup>th</sup> Marine Street
16 May 2022	Bella Patrick Albuquerque	B/11 Shamji Chamsey Mansion Dadi Santook Lane
11 June 2022	Ruby Fernandes	412 Trinity / A.P. Building Trinity Street
25 June 2022	Remedios Mariano Almeida	10 A 2 <sup>nd</sup> Floor, 3 <sup>rd</sup> Marine Street

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